

Health Systems Integration

Community Connections and Mental Health
& Addiction Services (MHAS) “Just Do It”

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Saskatchewan
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One thing leads to the other.....

4 initiatives—community partnerships

| | | |
|--|------|---|
| Accord Agreement | 2011 | Coroner report regarding deaths in police cells prompted decision to support Paramedics in police cells |
| Police & Crisis Team (PACT) | 2012 | “How did the experiment go?” Funded by the Ministry of Health/SHR support to reduce ED visits |
| HUB | 2013 | Should we do this here? Do we have a choice? Reluctance and determination. |
| Safe Community Action Alliance | 2017 | Priorizing community safety. Where to start? Crystal meth of course. |

Patient and Family Advisory Committees

Supporting advisors in department and community work

- **Adult Addictions Advisory Committee**
 - Co-creation and review of curriculum, policies (including provincial SHA policies such as current work on SHA Harm Reduction policy)
 - Non-traditional collaboration (RFP review for treatment centre)
 - Participation in Safe Community Action Alliance
 - <https://www.saskhealthauthority.ca/news/stories/Pages/2019/March/Sk-Patient-advisor-national-conference.aspx>



Patient and Family Advisory Committees

Supporting advisors in department and community work

- **WUNISKA/WUNSKA—“*Wake Up*” (HIV Advisory Committee)**
 - 60% Indigenous participants
 - Elder support
 - Connection to U of S and Research
 - Participation opportunities in national conference attendance
 - Development of provincial materials such as point of care testing

We could all use a good poke.

HIV Point of Care Testing

A point of care test is a rapid screening test for HIV using a small amount of blood from a finger poke. You get your initial test results right away.

- Routine HIV testing can help you stay healthy. Rapid testing is quick and can mean you worry less about your test results.
- Rapid testing is available in many communities.
- Before your test, a health provider will talk with you about your testing options and HIV risks.
- HIV is a chronic, manageable condition. Early care and treatment can help people who test positive live longer, healthier lives.
- You do not have to go through this alone. There are services and supports to help.

Get  poked.



- We will make sure you understand the risks and benefits before you agree to an HIV test.
- You will be asked to give permission (consent) to do the HIV test.
- A small amount of blood will be taken from a poke to your finger.



- The information and test will take less than an hour.
- You will get your initial results right away. These results are more than 99% accurate.
- These results may be confirmed by a regular HIV test. You'll get these results in about 2 weeks.



- All of the information you share will be kept confidential and private. Please respect the privacy of others by not sharing information about their HIV risks or status.
- If your test result is reactive (positive), it will be sent to Public Health. Your sexual or other close contacts (ex. someone who has shared needles or drug using equipment) will be told about their risk, but your name and details will NOT be shared when this happens.



- You are not alone. Support for you and your loved ones is available.
- If you have questions about point of care (rapid) testing, call Health Line (811) or AIDS Saskatoon at 1-800-667-6876.
- Find a rapid testing site near you at www.cdnaids.ca/testing

Pre-existing Community Collaboration

Violence Threat Risk Assessment (VTRA)

- North American Centre for Threat Assessment & Trauma Response
- A collaboration between SPS, SHA, post-secondary institutions, school divisions, and dozens of other partners
- Trust and relationships serve as the foundation

Coordinated Trauma Response to the Humboldt Bronco Tragedy

- A story of trust, relationships, training, experience, and the strength of community.



The moral of the story is.....

- Try new things...PDCA, Pilot
- Use the data you have access to
 - Create data sharing agreements when possible
- Be an active member of the community, listen, foster good relationships,
- include voice of those with lived experience and provide appropriate supports
- Just Do It!



Reconciliation
SASKATOON



Next Steps

Creating a five-year agenda

- Take a look at planned improvement work or value streams where problems are identified and include client/patient/family advisors (in co-creation, consultation, reviews, etc).
 - Attempting to do with SCAA, but a challenge with limited resources
- What 'infrastructure' can be created to support communities to gather and address community issues
 - Practice templates for collaboration to help communities organize
 - Easy to use evaluation tools , especially for intersectoral work
 - Funding supports for intersectoral work.
 - Create an easy to access 'researcher bureau', with a listing of researchers who want to engage on particular topics

**“There is no power for change
greater than a community
discovering what it cares about.”**

--Margaret J. Wheatley



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Thank You

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